

EXPLORE CHINA TOUR WITH CHEF MARTIN YAN

Reservation Form

Print your name(s) as it appears on your passport:

First _____ M.I. _____

Last _____ Class Yr. _____

First _____ M.I. _____

Last _____ Class Yr. _____

Address (no P.O. box number please):

City _____ State _____ Zip _____

Telephone _____

E-mail _____

Preferred name(s) on badge(s)

Payment Options:

I/we authorize you to charge my/our deposit of
\$500 for _____ spaces.

**Total payment will be paid in full 60 days before
departure date*

Please charge my:

Visa Mastercard

Card #: _____

Expiration Date: _____

Signature _____

Checks payable to Yan Can Cook, Inc.

PLEASE FAX OR MAIL COMPLETED FORM.

Yan Can Cook
1650 S. Amphlett Blvd., Suite 101
San Mateo, CA 94402
Fax: (650) 525-0522



BOOK NOW!

\$4,840
PER PERSON
DOUBLE OCCUPANCY

\$5,940
PER PERSON
SINGLE OCCUPANCY

**Prices include round trip international airfare from
San Francisco and China, hotel accommodations,
ground transportation, meals and local tours.
Airport tax, visas, and tips not included.*

For more information, please contact:
Yan Can Cook
Tel: (650) 341-0701
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www.yancancook.com

YAN CAN COOK PRESENTS

EXPLORE CHINA

An Exclusive Culinary & Cultural Tour
HOSTED BY CHEF MARTIN YAN

October 4-17 2010





Explore

China in an exciting 14-day tour, created especially for the food and gourmet enthusiast and adventure traveler. The Culinary Tour package is a combination of education, leisure travel and cultural experience personally designed by Chef Yan.

HIGHLIGHTS:

- Local market tours to study exotic & traditional ingredients
- Culinary classes with food, tea and wine pairings taught by Chinese Master Chefs
- Meals (lunch and dinner) include dishes of regional cuisine
- Sightseeing, cultural shows and arts/craft exhibitions
- Tai chi exercise, spa treatments, shopping, excursions to Hong Kong and more!

CITIES:

- Beijing
- Suzhou/ Hangzhou
- Shanghai
- Hong Kong
- Xian

DAY 1

Departure from San Francisco to Beijing

DAY 2

Arrive in Beijing. Dinner at a hot pot restaurant. LanHe Hua (Hou Hai) nightlife in Beijing.

DAY 3: Beijing

Begin the day in Beijing with a visit to Tiananmen Square, The Forbidden City and the Summer Palace. Take a leisurely boat ride on Lake Kunming. Head to Liulifang, the largest antiques street in Beijing. Lunch and noodle making class and demo at the Noodle Loft restaurant. Attend a welcome banquet featuring Peking duck along with a master chef cooking demo.

DAY 4: Beijing

Visit the Great Wall of China and the Sacred Ming Tombs. Walk through the modern Olympic venues. Lunch at a local restaurant in the Great Wall area and enjoy a spectacular Imperial banquet in the evening.

DAY 5: Beijing

A morning visit to the Temple of Heaven and a traditional arts and crafts center at Baigong Fang Workshop. Stroll through Beijing's oldest neighborhood, the Hutong district. See the Drum and Bell Towers and take a Hutong tricycle ride. Lunch at a traditional family home. Experience Mongolian cuisine followed by a cultural performance.

DAY 6: Xian

Discover the ancient city wall and visit the Xian museum. Cooking demo and experience a famous dumpling banquet at Defachang Restaurant, which includes over 60 varieties of dumplings. Finish the day at the Muslim Quarters inside the ancient walls of Xian.

DAY 7: Xian

In the morning, visit the Mausoleum of the Qin Terra Cotta Warriors. Visit an authentic farmer's painting village. Enjoy a spectacular Tang dynasty performance and dinner. See the Tang Dynasty Song and Dance Troupe perform ancient Chang'an music and dances.

DAY 8: Shanghai

Visit the old Shanghai shopping district, Qinghuanmiao and tour the Yuy Jan Garden. Delight in the local Shanghai juicy dumplings. Lunch at the Old Shanghai Restaurant for a delicious and traditional Shanghainese meal. Visit the Xintiande district and see the contrast of old and modern Shanghai. Enjoy shopping and dining at Xintiande.

DAY 9: Shanghai

Visit the Shanghai Jade Buddha temple and Shanghai Museum of Modern Art. Enjoy local Shanghai cuisine for lunch. Stroll through Nanjing Road in old Shanghai district. Dinner at the Bundside restaurant and enjoy Shanghai at night from The Bund. End the day with a spectacular acrobat show.

DAY 10: Suzhou/Hangzhou

Take a scenic ride to Suzhou, the Silk Capital of China, a charming city of canals filled with magnificent gardens. Take a breathtaking canal ride through the old town waterways and visit the celebrated ancient gardens. Tour the exquisite Silk Museum.

Explore Hangzhou's West Lake and try the famous vinegar fish and Longjing tea shrimps. Visit the Longjing Tea Farm, producer of the world-famous green tea. Visitors can view and admire vibrant tea trees at the foot of Shi Feng Mountain.

DAY 11: Hong Kong

In the evening, enjoy a spectacular seafood dinner at a Hong Kong fishing village. Take a harbor cruise and tram ride to Victoria Peak for a spectacular panoramic view of Victoria Harbor.

DAY 12: Hong Kong

Take a stroll along the wholesale fish market, shop at Stanley Market and take a sampan boat ride around Aberdeen Harbor. Tour Lantau Island and see China's largest Buddha statue. Enjoy a vegetarian lunch at "Po Lin Monastery", Lantau Island.

DAY 13: Hong Kong

Free time for shopping and a final farewell dinner.

DAY 14:

Depart from Hong Kong to San Francisco.